#### What is the main function of the parasympathetic nervous system

- A. Fight or flight
- B. Rest and digest
- C. Regulate body temperature
- D. Control muscle movements

#### Where are the cell bodies of the parasympathetic preganglionic neurons located

- A. Brainstem and sacral spinal cord
- B. Cerebral cortex
- C. Peripheral ganglia
- D. Sympathetic ganglia

#### Which neurotransmitter is released by parasympathetic postganglionic neurons

- A. Acetylcholine
- B. Epinephrine
- C. Dopamine
- D. Serotonin

# What is the nickname for the parasympathetic nervous system

- A. Sympathetic Nervous System
- B. Fight or Flight
- C. Rest and Digest
- D. Autonomic Nervous System

# What is the rest-and-digest response associated with the parasympathetic nervous s

• A. Releasing adrenaline

- B. Increasing heart rate and breathing
- C. Calming the body and conserving energy
- D. Fight or flight response

# Which cranial nerves are involved in the parasympathetic nervous system

- A. Cranial nerves IV, VI, VIII
- B. Cranial nerves V, VII, X
- C. Cranial nerves III, VII, IX, X
- D. Cranial nerves I, II, III

### What is the effect of the parasympathetic nervous system on heart rate

- A. Stabilizes heart rate
- B. No effect on heart rate
- C. Increases heart rate
- D. Decreases heart rate

# How does the parasympathetic nervous system affect digestion

- A. It stimulates digestion
- B. It inhibits digestion
- C. It has no effect on digestion
- D. It speeds up digestion

### What is the function of the parasympathetic nervous system in the eye

- A. Regulates tear production
- B. Controls eye movement
- C. Dilates the pupil
- D. Constricts the pupil

What is the opposite of fight-or-flight response in terms of the parasympathetic nerv
A. Calm-and-heal
B. Rest-and-digest
C. Relax-and-recover
D. Sleep-and-recover
What is the role of acetylcholine in the parasympathetic nervous system
• A. It stimulates fight or flight response
B. It acts as a neurotransmitter
C. It controls digestion
• D. It regulates heart rate
What is the main neurotransmitter released by the parasympathetic nervous system
• A. Epinephrine
• B. Dopamine
C. Serotonin
D. Acetylcholine
What is the name of the ganglia located close to the target organ in the parasympath

What is the hame of the gangha located close to the target organ in the paras

- A. Autonomic ganglia
- B. Spinal ganglia
- C. Cervical ganglia
- D. Terminal ganglia

What is the role of the parasympathetic nervous system in sexual arousal

• A. Controls muscle contractions during arousal

B. Promotes relaxation and arousal
C. Regulates body temperature during arousal
D. Inhibits sexual arousal

### What is the effect of the parasympathetic nervous system on salivation

- A. Stops
- B. No effect
- · C. Decreases
- D. Increases

### How does the parasympathetic nervous system affect bladder function

- A. Inhibits bladder contraction
- B. Promotes bladder emptying
- C. Has no effect on bladder function
- D. Causes bladder retention

# What is the effect of the parasympathetic nervous system on respiratory rate

- A. Decreases
- B. Stabilizes
- C. No effect
- D. Increases

# What is the role of the parasympathetic nervous system in promoting relaxation

- A. It causes increased heart rate
- B. It activates rest and digest functions
- C. It triggers fight or flight response
- D. It promotes stress and anxiety

### How does the parasympathetic nervous system influence glandular secretions

- A. Has no effect on glandular secretions
- B. Activates muscle contractions
- C. Stimulates glandular secretions
- D. Inhibits glandular secretions

# What is the relationship between the parasympathetic nervous system and the enter

- A. The enteric nervous system controls the parasympathetic nervous system.
- B. They are completely unrelated.
- C. The parasympathetic nervous system works in conjunction with the enteric nervous system.
- D. The parasympathetic nervous system inhibits the enteric nervous system.

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